



Privacy Policy
Private Practice:
Sarah Gouws
0513253

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2 General Information

This policy is specific to Sarah Gouws, below known as Munchwize in this document (the "Responsible Party").

The following information describes what happens with personal information provided to the responsible party either while visiting our website, or during the course of normal business operations. Personal information is data which could be used to identify you as a person, as described in the Protection of Personal Information Act, 4 of 2013.

The Protection of Personal Information Act can be accessed at <https://www.justice.gov.za/infoereg/docs/InfoRegSA-POPIA-act2013-004.pdf>

The information collected by The Responsible Party, and the process to access this information is contained in the PAIA Manual which is accessible on our website: www.munchwize.co.za

3 Information Privacy

Munchwize takes the protection of your personal information very seriously. We respect the confidentiality of this information and act according to the relevant regulations on information security as well as this privacy policy.

If you use this website, various personal information may be collected. Information transmission via the internet (e.g. email communication) can be subject to security vulnerabilities, and it is not possible to completely protect the information against access by third parties. Nonetheless, Munchwize adheres to recognized information security practices in order to secure this information.

4 Reference to the responsible authority

The responsible authority for Personal Information management at Munchwize is:

The Information Officer

Sarah Gouws

dietitians@munchwize.com

Business address:

Unit 10, Wellness
Centre

Quadrant Square

Wilderness road

Cape Town

7708

Postal address:

10 Spencer road

Claremont

Cape Town

7708

The responsible authority is the natural person or legal entity which alone or jointly with others determines the purposes and means of the processing of personal information (e.g. name, email address, etc.).

5 Policy Statements

The Responsible Party commits to the following behaviors when collecting, processing, sharing, archiving or deleting your information.

5.1 Lawfulness

The Responsible Party will only collect and process personal information in accordance with the precepts of law.

5.2 Minimality

The Responsible Party will only collect and process information that is justified for defined business purposes, or for the conclusion or performance of a contract.

5.3 Authorized Access

Only The Responsible Party staff that are authorized to view or process your information in the course of their duties will be granted access to do so.

5.4 Consent

Where possible, The Responsible Party will obtain explicit, or implicit consent for the collection of information.

The voluntary provision of information to The Responsible Party on this website, or in the course of business operations is deemed to constitute implicit consent for the processing of this information.

5.5 Information, blocking, erasure

You may, at any time, request information regarding the use of your personal information. The request must be made via the processes described in the PAIA Manual, as specified above.

5.6 Withdrawal of your consent to processing your information

You may, at any time, object to the usage of the information, or revoke consent given regarding the processing of your information. The request must be made via the processes described in the PAIA Manual, as specified above.

The legality of the information already processed before the withdrawal is not affected by the withdrawal.

5.7 Deletion of your Information

The Responsible Party will only retain your information for as long as it is required to effect a business purpose, or to satisfy legislative or regulatory requirements.

Information will then be deleted in accordance with recognized practice.

5.8 Right of appeal to the Information Regulator

In case of violations of information protection provisions, you may appeal to the Information Regulator at infoereg@justice.gov.za.

5.9 Right of information portability

You have the right to request to have any information we process automatically on the basis of your consent, or in the performance of a contract, handed over to you or a third party in a common machine-readable format. The processes to request this are described in the PAIA Manual, as specified above.

6 Information collection on our website (only relevant if you have a website)

6.1 Cookies

We use cookies to make our website more user-friendly, effective and secure. Cookies are small text files which are placed on your computer and saved by your browser. Cookies do not cause any harm to your computer and do not contain any viruses.

Most of the cookies we use are so-called "Session-Cookies". They will be deleted automatically after your visit. Other cookies remain saved on your device until you delete them. These cookies enable us to recognize your browser at your next visit.

Our cookies do not facilitate the collection or processing of personal information without your consent.

You can set your browser to inform you whenever a cookie is placed and only allow the reception on a case-by-case basis, only for certain cases or generally prohibit cookies. You can also set your browser to automatically delete cookies when quitting your browser. If you deactivate the use of cookies in general, the functionality of this website may be restricted.

6.2 Contact forms

If you use our contact forms to send an enquiry, the enquiry and the contact information you supplied in that enquiry will be saved to process your enquiry and for any follow-up questions. We will not share this information with third parties without your consent.

The information entered in the contact form will remain in our systems until you ask us to delete it, revoke your consent for saving it or until the purpose of saving the information is rendered obsolete (e.g. after your enquiry is completed). Mandatory legal provisions – especially retention periods – remain unaffected.

6.3 Job Applicant information

We collect and process personal information of applicants with the purpose of

executing the application process. The processing can happen electronically. This is especially the case, if an applicant has provided his/her application documents electronically, e.g. via email or via a contact form on the website. If the application results in an employment contract, all transmitted information is saved in compliance with the legal provisions to process the employment relationship.

If the application does not result in an employment contract, the application documents will be deleted six months after the staffing process is finished, as long as no other legitimate interest of the person responsible for processing exists.